

# CYCLE CHART™

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Founder

This chart is based upon the Mathematical Key to the Cyclic Law as discovered by Alfred J. Parker, founder of the KABALARIAN PHILOSOPHY.

This Cycle Chart™ is for:

Name \_\_\_\_\_

Address \_\_\_\_\_

Birthdate \_\_\_\_\_

## 2 Cycle Year – 1<sup>st</sup> half

The Cycle Chart™ is offered as a basic guide to the actions which one should take in harmony with the Cyclic Law, but no responsibility is assumed by the Society of Kabalarians of Canada in the affairs of anyone who uses it.

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# Introduction

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Mathematics can be used for far more than just quantitative measurement. It is the basic, Universal Principle of life, the fundamental basis of everything in the universe.

All life is motion or vibration, which is measurable. The varying vibrations comprise the innumerable forms of life which merge with one another, similar to the merging of the colours of the rainbow. However, just as there is a positive and a negative side to everything in life, so there is a positive and a negative side to mathematics: the quality and the quantity. The qualitative side reveals the degree, or qualities, of intelligence, while the quantitative side gives measurement of form.

Science uses mathematics and depends upon it for taking every step along the pathway of material progress. The infallibility of mathematics has led to the present state of scientific development. Guesswork or opinions are not considered; each step of the way must be worked out mathematically.

## Mathematics and Time

The Cyclic Law is the application of mathematics to time. Every individual person is born into time and governed by it from the first breath of life until death. Within the period of time called life, the changing minutes, hours, days, months, and years bring changing conditions, thoughts, opportunities, successes, and failures. Although the world at large does not as yet fully realize it, these fluctuating circumstances of life are not as haphazard as they appear to be. There is a definite, intelligent pattern to life, and a basic, logical, consistent reason for everything. That pattern and reason are embodied within mathematics and the Cyclic Law.

## Avoid Wasted Effort

No one can escape the Cyclic Law; it is immutable and operates as an integral part of life whether you are aware of it or not. The cycles are not the same for everyone at the same time, but each person must pass through the same sequence of cycles. When you learn to act in complete accord with the cyclic conditions of each passing day, then you are able to start an undertaking at the proper time, follow it through, and successfully complete it. You can then start something else, or build upon the first success to reach a greater goal – and so on throughout an entire lifetime. Going against the cycles – either consciously or unconsciously – means working hard and, though there seems to be progress, suddenly finding that many things go wrong. Days, months, or perhaps years of effort are wasted; or you partially succeed in one aspect of life and fail in others, and then wonder why.

## Overview of the Cyclic Law

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The Cyclic Law unfolds in nine-year, nine-month, nine-day, and nine-hour cycles, all of which are made up of three basic lesser periods termed the starting (seeding), the test (growth), and the completion (harvest) periods. These periods occur as the natural unfoldment of time and growth, not at random and not dependent upon whether you think or feel that it is the proper time to do something. The cyclic pattern is illustrated by the phases of growth of a plant.

### Phases of Plant Growth in a Complete Cycle

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Plant Growth



1 2 3

Seeding

4 5 6

Growth

7 8 9

Harvest

- |           |   |
|-----------|---|
| 1st phase | SEEDING TIME - The seed is planted in the ground.   |
| 2nd phase | DUALITY or DIVISION - Germination occurs, the seed starts a root and stem.  |
| 3rd phase | MANIFESTATION TIME - Stem appears above ground. It becomes acclimatized.  |
| 4th phase | TEST PERIOD - Visible growth of plant is suspended temporarily while the root system develops. Plant is tested for coming growth or failure.  |
| 5th phase | ACTIVE GROWTH - Strengthened root system supports rapid growth. Plant develops branches and leaves.   |
| 6th phase | BUDDING TIME or PROCREATION - Buds are formed and fill out if plant is healthy – a promise and indication of fruit depending upon cultivation and soil fertility.   |
| 7th phase | FLOWERS APPEAR - Plant completes growth of leaves and branches, and rests from labour or active growth. Growth is directed to produce flowers.  |
| 8th phase | FRUITION - Flowers drop petals, and fruit or seed pods ripen. Fruit is plucked.   |
| 9th phase | CLOSE of CYCLE or DORMANT PERIOD - Fruit that is not picked falls to the ground. Seed pods shaken by the winds distribute seeds for the next season and cycle. Fruit lies under leaf mulch and rots, leaving seeds to create a new plant in the spring. |

## **Brief Summary of Conditions for Each Cycle Year/Month/Day:**

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As a convenience in terminology, each of the nine phases in a cycle is identified by number and the cycle duration, for example, the third year in the nine-year cycle is referred to as a 3 cycle year and the third day in the nine-day cycle as a 3 cycle day. The description of the conditions for a 3 cycle year is the same as for the 3 cycle month, day, or hour. A brief description of the nine cyclic conditions in terms of the nine-year cycle follows.

### **1 cycle: Active Seeding Period**

This is the seeding point of a complete new nine-year cycle. Conditions should be very active for you. Let action be your keynote. Leave no stone unturned in your efforts to establish yourself in whatever it is your ambition to do. Make important changes, introduce new ideas, seek new contacts and business prospects, and work hard to further your interests in every way possible.

### **2 cycle: Social, Negotiating Period**

Further your undertakings through social contact. You will make greater progress if you meet people and build up your network. Learning to understand the people in your circle of contacts and helping them with their problems will bring dividends. Nature intends that sociability and contact with the public be the dominating influence this year. Do not procrastinate.

### **3 cycle: Optimistic, Expressive Period**

This year you will feel strongly the urge for self-expression. The first half of the year should bring some very promising and active conditions, but do not allow these conditions to cause you to be too optimistic, as you could be misled into taking action in some major undertaking or into planning vital changes and important accomplishments for the latter half of the year. Regardless of how good propositions may seem, unless all important details can be attended to by the mid-point of the 3 cycle year, there will very likely be a disappointment.

### **4 cycle: Testing and Strengthening Period**

This is a year for hard work and concentration on technical detail. Do not worry, but retrench from active expansion and attend to the practical needs in your life. Do not plan any vital changes or make any decisions important to the future because major undertakings started or decided upon this year will not culminate satisfactorily. Be careful in all transactions.

### **5 cycle: Active Period**

This is the year to broaden out and put forth focused effort to re-seed or further whatever it is your ambition to accomplish. Do not procrastinate. This is the year for change, travel, and new experiences. Be progressive and sow seeds of ambition to build up your undertakings. Put forth constructive effort or you will not have anything to reap in your *harvest* years.

### **6 cycle: Decision-making Period**

This is the year for important decisions, the time to rearrange any financial matters and to settle outstanding issues in your business or personal affairs. The entire year will require you to pay out with little accumulation. This year will bring some worry with added expenses and responsibilities. Conditions are working under the surface to bring into your life next year something that you are working towards.

### **7 cycle: Fruition Period**

This is the start of your fruition period – a time when you will reap the results of your efforts. If you have a sensitive nature, you are apt to feel this sensitivity more this year. Do not worry if conditions seem to be very unsettled and fruitless during the first half of this year. Conditions will improve and become settled as the year progresses.

### **8 cycle: Accumulation Period**

Put forth intense effort to materialize your undertakings. From a material standpoint, this year should be a successful year. This is not the year to go into new ventures vital to the future, but is the year to take a profit on previous ventures. It is the time when you should be reaping the success of your efforts over the past few years. Conditions should be fortunate and you should take advantage of every opportunity.

### **9 cycle: Harvest and Reflection Period**

This is the year to reflect over the past and plan for the future. Do not start anything of an important nature or make important changes this year. This is your year to make plans for the future but wait until next year to put them into action.

## Determining Your Cycle

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The calculation of cycles is based on the widely used Gregorian calendar, which is recognized internationally. A cycle year runs from January 1st to December 31st, not from birthday to birthday. Your personal cycle depends on the month and day of your birth, but not the year of your birth. For births around midnight, the day of birth is always determined according to standard time, and not daylight-saving time, if it is in effect. Also, a birth occurring in the half-hour between midnight and 12:30 a.m. (standard time) is counted as occurring on the previous day. For a business, city, country, or any legally constituted entity, the month and day of incorporation should be used.

A detailed explanation of all aspects of the Cyclic Law is covered in our *Cycle Management Training* course.

## How to Use Your Cycle Chart™

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The following Cycle Chart reveals the rhythmic progression of the day-by-day conditions which everyone passes through according to the Cyclic Law.

Study the cyclic conditions for the year, month, and day, and endeavour to schedule your efforts and activities to harmonize with the cyclic influence. By so doing, you can make every day a day for positive accomplishment, and gain the utmost in success, happiness and well-being from your efforts.

## General Information on the Cycle Chart™

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The Cycle Chart includes an overview of the whole year, a detailed description of each of the twelve months, and abbreviated and detailed descriptions of the days. Each month is covered in three sections:

### **Month at a Glance:**

This section is an overview of the month and the conditions of the days. You will notice two numbers separated by a slash in the header of the page and also on the right hand side of the heading for each cycle day. These numbers refer to the mathematical qualities for the specific period of time. An in-depth understanding of the cycles is explained in our course, *Cycle Management Training*.

### **Objectives for the Month:**

You are encouraged to plan and write down your specific objectives for the month to plan your time better. In this way you can review your plans and accomplishments later in the year.

### **Days in Detail:**

This section is an expansion of the summary page, and gives greater detail on the conditions of the day. It also gives you information on the best hours of the day to act.

Cycles unfold over a nine-year period. This chart can be used again when you repeat this cycle in nine years time. It is very helpful to review your past objectives and results for the month in nine years time.

## **Glossary of Phrases, Terms, and Definitions**

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In the Cycle Chart you will find certain terms used to describe the cyclic conditions. Study the following glossary to guide your interpretation of the cycles.

### **Seeding, sowing, or starting time**

The 1 cycle is the beginning period of your 9 cycle pattern, a time to make a positive change, initiate action, and start something new.

### **Active conditions**

The 1 cycle is a time to initiate new undertakings and to take advantage of the positive, progressive conditions.

### **Leave no stone unturned**

The 1 cycle is the key time in creating your future success. Look for opportunities and take advantage of them. Initiate and create, for the cycle is conducive to active progress.

### **Passive circumstances**

The 2 cycle is a time to further your undertakings through people. You will experience easy-going, languid feelings, for it is a more relaxed time. Avoid procrastination for it will spoil your potential results.

### **Indefinite conditions**

The 2 cycle can bring passive conditions, causing you to respond to your feelings and mood swings. Further your affairs through friendly association with others, and congeniality.

### **Starts out with great promise but ends with a disappointment**

The end of the active part of the seeding period comes in the middle of the 3 cycle. Hence, put forth effort to complete major undertakings by the mid-point of the day, month, or year. There is a build-up to a peak which wanes after the middle of the 3 cycle. A disappointment could occur because of earlier over-optimism.

### **Testing and adverse conditions**

These conditions are relative to the 4 cycle. It is a time to be more practical and patient, to apply system and to be consistent in your efforts. Do not start anything new. Attend to technical detail. Be watchful of decisions and strengthen your previous efforts. Do not be fearful but realize it is nature's opportunity to show any weakness, be it in health, in decisions and actions, or in going against the natural rhythms of the cycles. Every cycle has a positive side, but it is the use and interpretation of the cycle that determines the result.

### **Retrench**

The 4 cycle is a time to hold back from major changes, to attend to routine efforts, and to strengthen what you have already started. Observe the signs that indicate where attention is required. Hard work and self-discipline are the keynote and will bring progress.

## **Anything of an unfortunate nature could occur**

The 4 cycle is a time to be particularly careful of your actions, health, and any commitments, for nature is testing you. While it is generally desirable to carry on with all your undertakings, you may be forced to decide whether you can or should. Do not have fear. Every cycle has a constructive and positive form of expression, but some cycles are more unsettling and challenging to one's mental control and individuality of thought and action. The 5 cycle brings new opportunities.

## **Superhuman effort**

The 5 cycle is a time for action. Nature is working with you, so use the power of creativity to lift yourself beyond the details, to expand and develop your efforts to a higher productive level. Make changes and be progressive. Do not waste this time; however, be careful not to be impulsive.

## **Procreative**

The 6 cycle brings decisions and additional responsibilities. Something is working under the surface in preparation for your fruition. Observe the conditions appearing during this period, for opportunities present themselves as a glimpse of the fruition time.

## **First half is an unsettled period**

The 7 cycle, be it a year, month, day or hour is the beginning of the fruition period. The first part of the 7 cycle is an indefinite period of waiting before the ultimate results. Watch your feelings and emotional stability at this time, for it is a time for greater patience. Carry through with prior efforts in preparation for the results.

## **Fruition**

The 7 cycle is the start of the harvest period and can bring success resulting from prior efforts. The fruition period continues through the 8 cycle and almost to the halfway point of the 9 cycle.

## **Accumulative**

The 8 cycle is the time to benefit financially or personally from past efforts.

## **Materialize**

The 8 cycle is the time to reap financial benefits or material rewards for your past efforts, and to bring into form the results you have been working towards.

## **Reflective periods**

The 7 cycle is a time for thoughtfulness and quiet contemplation away from distracting activities. The 9 cycle is a period to plan and draw upon inspirational ideas and thoughts in preparation for generating new ideas for the next 1 cycle. You will feel more emotionally sensitive and motivated through ideals at this time.

## **Indefinite and worrying conditions**

The 9 cycle is a reflective period, when you can experience heights of inspiration or depths of despair, depending upon your prior efforts and stability of mind. It is an indefinite period which can bring worry. This is a time to be watchful of your feelings and guard against being over-emotional.

## **One's name should be balanced**

Nature unfolds through natural rhythms. If your name is in harmony with your birthdate, you will experience the more positive qualities of the cycle. If the cycles are followed with intelligent planning and actions, the success should reflect in the harvest cycle.

## **Consultation Service: 30 minute telephone or personal interview**

For timing major events and changes in your life, such as changing your occupation, starting a business, or changing your marital status, you may want to have a discussion with one of our expert consultants who can give you specific advice on the Cyclic Law and how best to use it in your affairs. We have over sixty years of experience in using cycles.

Interviews and consultations can be arranged in person or over the telephone. The minimum session is 30 minutes. Please call the office in Vancouver (604) 263-9551 for current rates and to schedule a time.

## **Cycle Management Training and Life Analysis Training Courses**

To understand fully the Cyclic Law which forms the basis of this Cycle Chart, we recommend you take our introductory courses: *Life Analysis Training* and *Cycle Management Training*. These are offered in a live format at established centres or by correspondence through our home study program.

The live classes consist of eleven to twelve weekly sessions of two hours. Instructor presentations, videos and work groups make up these dynamic courses. In the correspondence courses you receive complete audio tapes of the live courses. Included with both courses are lesson books and workbooks.





# January — At A Glance

There is an urge to take some action in your affairs, possibly regarding the settlement of a matter that has been pending. The first half of the month is rather unsettled and indefinite but there should be a beneficial settlement about the middle of the month which makes the latter half more active and better in every way. Relax as much as possible between activities; but let action be your keynote on active days listed below, as your efforts should bear fruit. Get exercise out in the fresh air away from people as much as possible, for such relaxation will help you to overcome a sensitivity in your nervous system that is inclined to affect the lungs and bronchial organs this month. Control your emotions or you are apt to have an over-sensitive solar plexus and also to suffer through the digestive organs.

## January calendar dates of:

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**1-10-19-28**

**(6/2 cycle day)**

Your interests are best furthered through social contacts. Arrange to entertain on these dates. Conditions are rather passive and days just fair in business affairs.

**2-11-20-29**

**(7/3 cycle day)**

Conditions are rather disappointing; things start out with promise, but after a short period of good conditions between 11:30 a.m. to 12:30 p.m. and 2:30 p.m. to 3:30 p.m., the rest of the day is not good for accomplishment. Make the most of the good period.

**3-12-21-30**

**(8/4 cycle day)**

Within yourself you feel fairly confident, but do not be misled; conditions are not good. Be careful in financial matters or there may be a loss. Take care of technical detail work, and be careful of personal safety. Do not invest, buy, or sell. Defer important decisions and actions.

**4-13-22-31**

**(9/5 cycle day)**

There is a great urge for activity, but conditions are indefinite and hard on your nervous system. The best time for accomplishment is in the latter half of the day. Guard emotions to avoid friction in associations. Look to the following days for more definite progress. These are good days for travel.

**5-14-23**

**(1/6 cycle day)**

There are important decisions to make and some indebtedness to settle, but conditions should be very active and your decisions good. These are good days to rearrange affairs and to complete financial arrangements in affairs that have been pending, to sign on the dotted line, and to assume responsibilities.

**6-15-24**

**(2/7 cycle day)**

These are good days for beneficial settlements when things should come your way, especially during the afternoon. Meet and mix, as great progress may come through congenial association. Conditions are not active or progressive in new undertakings, but merely in the settlement of old undertakings previously started. The 15th is the best day to seek beneficial settlement.

**7-16-25**

**(3/8 cycle day)**

Conditions are very active and progressive especially in the first half of the day. Get busy in your affairs early to avoid disappointments after noon. These are good days to collect money and to settle affairs satisfactorily.

**8-17-26**

**(4/9 cycle day)**

These days are adverse and worrying. Do not attempt anything of importance or you are bound to be disappointed. Guard personal safety and do not enter into any propositions. Do not buy, sell, or invest. Guard speech to avoid friction. Be careful in associations as conditions could be unfortunate.

**9-18-27**

**(5/1 cycle day)**

These are very active days to start new undertakings; they are good for change and travel. Make new contacts and let action be your motto. Do not allow these days to be wasted as they are the most active and progressive days in the month.

☞ If Daylight Saving Time is in effect, add one hour to any times given.



**January 1, 10, 19, 28**

**(6/2 cycle day)**

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Meet and associate with the general public as much as possible. It would be a good time to take a friend, business associate, or client out to lunch. Make friendly personal calls and seek the influence of others to further your interests.

Make decisions, give advice – where it is wanted – and do small favours to assist others. Being obliging today will pay dividends on a later harvest day.

Mediate any difference tactfully and correct any errors in your business or personal affairs.

Do not try to force issues on these days, but use diplomacy and tact to make progress.

**January 2, 11, 20, 29**

**(7/3 cycle day)**

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Further yesterday's efforts as far as possible.

If it is possible, spend time alone out in nature where you can reflect in peace. Relax in pleasant, harmonious surroundings, and give thought to life as a whole. Guard your speech to avoid arguments and misunderstandings.

Remain wary of agreements, promises, or propositions, as the latter part of the day starts to bring test conditions and circumstances which would not turn out as you might expect. You should not buy or invest.

The days are unsettled and not good times to make vital decisions or important commitments.

- 11:00 a.m. to 3:30 p.m. – best period for accomplishment.

**January 3, 12, 21, 30**

**(8/4 cycle day)**

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These are the days of your cycle to organize your efforts and work hard at relatively unimportant routine requiring system, order, and patience. Be content to make gradual gains in such matters. Complete or further any monotonous tasks which you may have been putting off. Place your undertakings in good order in preparation for the more active, progressive days ahead.

As far as possible, postpone important matters or vital decisions for two or three days. You should not buy, sell, invest, enter agreements, or accept important propositions.

Test conditions could bring adverse circumstances in financial matters unless you act with caution. Do not take anything for granted. Pay strict attention to details and have everything in black and white.

Avoid unnecessary travel and guard your personal safety in all ways.

**January 4, 13, 22, 31**

**(9/5 cycle day)**

These are good days to travel.

These are active, yet unsettled, indefinite days.

Accomplish as much as possible, taking advantage of the better conditions in the latter half of the day for completing business or personal matters. Make plans for the coming month.

Give some thought to your activities of the past few weeks, observe where any improvements could be made, and incorporate them into your plans.

Conditions are hard on your nervous system. You must guard your speech and emotions to avoid friction, especially in close associations.

**January 5, 14, 23**

**(1/6 cycle day)**

Make any important decisions especially in financial matters. Assume added responsibilities and straighten out any personal or business problems. Rely upon your own judgment.

Expenses are heavy, but these are good times to settle any debts or to make purchases. Rearrange your affairs and complete financial arrangements in pending matters. Sign on the dotted line. Arrange activities and decide appointments. Put everything in order in preparation for the next two days, which bring the fruition of your efforts.

You will be more positive and self-confident on these days, but guard against being too outspoken, or interfering in the problems of others.

**January 6, 15, 24**

**(2/7 cycle day)**

Further your interests by meeting, associating, and remaining congenial. Do not try to force issues. Conditions are not active or progressive in new undertakings, but merely in the settlement of things which you have previously started. Seek the influence of other people to assist you. Use diplomacy and tact.

The morning is unsettled and you will feel sensitive, but remain active. Do not procrastinate or waste time because the afternoons can bring a beneficial settlement in something that you have been wanting to accomplish. These days are the beginnings of the harvest or completion period of nine-day cycles, but you must take action to gather the harvest.

The 15th is the best day of this month to seek an important beneficial settlement.

- 3:00 to 4:30 p.m. – best period to reach a settlement in pending matters.

☞ If Daylight Saving Time is in effect, add one hour to any times given.

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**January 7, 16, 25**

**(3/8 cycle day)**

These are the harvest days of nine-day cycles and the proper cyclic times to force issues and strive to complete your business or personal undertakings.

The morning is the best time. Start your days early and endeavour to accomplish as much as possible before 2:30 p.m.

These are the days to bring matters to a successful conclusion and receive the rewards of your efforts, but not the times to make important changes or start anything new.

Conserve any finances that you gain and do not be misled by promises or tempting propositions because the latter half of the day brings a disappointment in either business or personal affairs. Your actions will determine whether it is a minor one or not. Avoid arguments and friction.

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**January 8, 17, 26**

**(4/9 cycle day)**

These days are the close of nine-day cycles, times only to think and plan for very active, progressive seeding days on the 9th, 18th, or 27th.

Circumstances are very indefinite and worrying. These are not the days to make vital decisions or attempt important matters.

You should not buy, sell, invest, enter into agreements, or accept any propositions. Whenever it is necessary to undertake such transactions in the course of your everyday business affairs, you must remain extra careful and must not take anything for granted because costly errors could easily arise on these days. Put everything in writing. Do not try to force issues.

Avoid unnecessary travel and guard your personal safety. Eat lightly and relax whenever possible.

- 10:30 to 11:30 a.m. and 1:30 to 2:30 p.m. – best times to attend to matters that cannot be postponed.

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**January 9, 18, 27**

**(5/1 cycle day)**

Analyze your plans or ideas and then act to put them into operation. Utilize your drive and positivity on these dates to open up new channels of contact and to further whatever it is that you wish to accomplish.

These are the most active days of your nine-day cycles. Let action be your motto and do not waste any of this valuable time through procrastination. Remember that these are the proper times to lay the groundwork for future gains. Sow seeds of ambition in order that your harvest may be plentiful.

These would be excellent cycle days to hold a sales meeting, start a campaign, or begin new promotional ideas.

These are the days to make changes and broaden out in your undertakings. Expand your efforts. These are also good days for travel and similar active endeavours.

☞ If Daylight Saving Time is in effect, add one hour to any times given.